

A circular logo with a dashed border containing the text "Positive Smiles".

Positive
Smiles

A bright yellow sun with rays and white clouds in a light blue sky.

NATURE & NATTER

MINDFUL WALKING GROUP

A small blue and yellow bird perched on a branch.

Monday mornings 09:30am

CORPORATION PARK

Meet at the Duck pond for a mindful & relaxed
walk around the park

Contact Hafeeza for more details

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Stylized trees in various colors (orange, yellow, green) on a green hill background.